

Angela Listug, DPT

Education

- Bachelors in Exercise Science from Willamette University in 1999.
- Doctorate in Physical Therapy from Pacific University in 2003.

Professional Certifications

Certified Orthopedic Manual Therapist
Kaiser Hayward PT Fellowship in Advanced Orthopedic Manual Therapy
American Academy of Orthopedic Manual Physical Therapy (pending)

State Licensed

Montana, Oregon, Washington, California

Joined Practice

2004

Clinical Interests or Specialty Areas

Orthopedic manual physical therapy, spine and shoulder rehabilitation, neuromuscular re-education

Professional Memberships

AAOMPT -- American Academy of Orthopedic Manual Physical Therapy
APTA – American Physical Therapy Association

Hobbies and Personal Interests

Hiking, backpacking, snow skiing, snow shoeing, rafting, reading, cooking, and wine.

Philosophy of Care

“I believe successful outcomes come from mutual work from the client and the therapist. We have to get joints moving well and train your neuromuscular system to control this movement. My treatments usually involve education, hands-on techniques, followed by exercise programs designed to address each individual.”

