

# Angela Listug, DPT

## Education

- Bachelors in Exercise Science from Willamette University in 1999.
- Doctorate in Physical Therapy from Pacific University in 2003.



## Professional Certifications

Certified Orthopedic Manual Therapist  
Kaiser Hayward PT Fellowship in  
Advanced Orthopedic Manual Therapy  
American Academy of Orthopedic  
Manual Physical Therapy

## State Licensed

Montana, Oregon, Washington, California

## Joined Practice

2007

## Clinical Interests or Specialty Areas

Orthopedic manual physical therapy, spine and shoulder rehabilitation,  
neuromuscular re-education

## Professional Memberships

AAOMPT -- American Academy of Orthopedic Manual Physical Therapy  
APTA – American Physical Therapy Association

## Hobbies and Personal Interests

Hiking, backpacking, snow skiing, snow shoeing, rafting, reading, cooking, and wine.

## Philosophy of Care

“I believe successful outcomes come from mutual work from the client and the therapist. We have to get joints moving well and train your neuromuscular system to control this movement. My treatments usually involve education, hands-on techniques, followed by exercise programs designed to address each individual.”

